



Adrenal Life Force

Complete Adrenal Support Formula
120 Veggie Capsules NPN 80042485



Matrix Nutritional Series

Adrenal / Thyroid Insufficiencies

Traditional Keynotes:

- Adrenal/Thyroid Insufficiencies
- Chronic Fatigue Syndrome
- Energy Depletion
- Allergies
- Immune support
- Hormonal Imbalances, libido
- Depression, Anxiety
- PMS/Menopause
- Blood Sugar Imbalances
- Adjustments not holding
- Arthritis

Complementary Remedies:

- Licro Intrinsic
- SpectraLyte
- Alkalize-C
- BioHealth Matrix
- Hypothal Code
- Adrenal Milieu
- Adrenal Code
- Endo Code M
- Endo Code F
- MetaChlor
- B5

Dosage: 1 - 2 capsules 2x daily
10am/4pm, or as directed by a Health
care Practitioner

Ordering Information

Aperture Energetics LLC

9065 SE Janssen Road
Clackamas, Oregon
97015 USA

Phone: 503.908.1041 / 503.908.1043
Toll Free: 877.691.5442
Fax: 503.908.1045
Email:
ordersusa@physicaenergetics.com

Orders received before 2pm PST will be
shipped the same day.

www.physicaenergetics.com

Customer Service Hours:

8:30 am—5:30 pm PST
Monday—Friday

Matrix Nutritionals Series was designed as an eclectic offering for the Physica Energetics line of remedies primarily to assist in the “reactivation of the mesenchyme” (Dr. Reinhold Voll), via the nutritional complement pathways. These pathways are present in every system throughout the body and require balanced attention. In keeping with the principles of BioEnergetic Medicine, the remedies nourish and support these systems without punishing them with overstimulation or imbalancing factors, which, ultimately, is counterproductive. This approach has been carefully and respectfully designed to provide the necessary natural (organic where available), synergistic factors in proper energetic and biochemical ratios, to ensure assistance towards yielding a deep and lasting result. They are not to be confused with replacement therapy nutraceuticals that may seem to help for the moment, until the patient stops taking them or the condition is driven deeper. These remedies honour The Legacy of BioEnergetic Medicine, and are known by both patient and practitioner to be exceptionally effective.

“It’s not how long you are on the planet, it’s how much baggage you carry while you are here”

Dr. Michael Borkin

In today’s accelerated society, the adrenal glands become severely overburdened by chronic stress, environmental pollutants, infections and the overuse of stimulants such as caffeine, sugar and nicotine.

The body’s attempt to compensate for stress results in an increased production of cortisol from the adrenal cortex, leading to a disruption of the delicate balance of hormones required for health and vitality.

Factors contributing to elevated cortisol include:

- 1) Chronic Inflammation
- 2) Chronic Xenobiotic Infection
- 3) Glycemic Control
- 4) Emotional/Psychological issues

Eighty percent of people suffering from adrenal fatigue also experience symptoms of low thyroid. Similarly, until the adrenal glands are strengthened, supplemental treatment for thyroid disorders will be less effective.

Levels of cortisol at the cellular level directly affect thyroid gland function. Cortisol is required for the conversion of thyroxine (T4) to triiodothyronine (T3). Even mild adrenal insufficiency can significantly impact this conversion, leading to the development or exacerbation of existing thyroid conditions. Tyrosine, among other organic botanical (*Rhodiola Rosea*) and nutritional factors, has been added to the remedy to provide support for the restoration of this process.

Ingredients (per 2 capsules):

Adrenal tissue (New Zealand lyophilized & organic bovine) 250 mg
Pantothenic acid (B5) 100 mg
L-Tyrosine 250 mg
Magnesium Citrate 50 mg
Niacinamide (B3) 15 mg

Balancing the adrenal glands is primary and central in “the opening” of all endocrine cases.

Imbalances of sex hormones also occur in response to weakened adrenals. In times of chronic stress, the body’s response is to shunt sex hormone precursors towards cortisol production. Over time, levels of sex hormones quickly become depleted and the pattern of hormonal imbalance deepens.

A person needs to sleep at least 5 1/2 hours straight, without lifting their head higher than 1 foot. Any less, breaks the cycle of adrenaline production. It has been well documented that physical healing occurs between 10pm–2am and psychological healing occurs between 2am–6am. Hence the 8 hours of sleep that we’ve always been told we need,

but rarely get!

Glandular tissues are rich sources of nutrients, enzymes and other factors that support specific gland-related metabolism and physiological function. When prepared with sufficient technical sophistication and sensitivity to their delicate nature, glandulars can retain a significant portion of their biological activity. We use the excellent process of lyophilization which freezes the organic gland, then subjects it to a high vacuum that vaporizes moisture directly from the solid state, to maintain a high level of its biological activity.

Adrenal Life Force is a premium nutritional for adrenal and thyroid support and restoration. Combining a pure, clean source of organic, New Zealand bovine glandular with essential nutrients and supportive biodynamically grown, organic botanicals. It is a highly potent, well tolerated remedy for all ages, conditions and body chemistries.

Potassium Citrate 50 mg
Rhodiola Rosea 250 mg (standardized 3% salidroside, 1% rosavins)
Pyridoxine B6 25 mg

Adrenal Life Force

Synergistically Formulated Ingredients

Adrenal tissue (New Zealand lyophilized & organic bovine) - Adrenal tissue offers a rich source of nutrients and other factors that support specific gland related metabolism and physiological function. Our adrenal glands are produced from government inspected, range-grazed animals raised in New Zealand without the use of pesticides, hormones and antibiotics. The extracts are lyophilized (freeze-dried) and are then subjected to a high vacuum that vaporizes moisture directly from the solid state, thereby maintaining a high percentage of their biological activity.

L-Tyrosine – Converts to the mood elevating neurotransmitters, norepinephrine and dopamine, in the brain. Additionally, tyrosine converts to thyroid hormone and to adrenaline produced in response to stress. Tyrosine aids in the production of melanin (pigment responsible for hair and skin color) and in the functioning of the (master) pituitary gland.

Magnesium Citrate – Needed by the adrenal glands as a basic building block for the manufacturing of hormones and for ATP production. Called the “anti-stress” mineral, magnesium may assist with anxiety, depression and PMS. In adrenal stress, there is a continual wholesale magnesium excretion from the body. Magnesium levels will always be low.

Niacinamide (B3) - Supports protein and fat metabolism and is a foundational adrenal hormone precursor. It contains coenzymes essential to cellular respiration, carbohydrate and protein metabolism and lipid synthesis throughout the body. Niacinamide has been shown to reduce anxiety and depression.

Pantothenic Acid (B5) – Pantothenic acid, a member of the B vitamin complex is everywhere. It can be found in all living cells and at least to some extent, in all foods. Its name comes from the Greek word pantos, meaning "everywhere." In addition to playing a role in the breakdown of fats and carbohydrates for energy, Vitamin B5 is critical to the manufacture of red blood cells as well as sex and stress-related hormones produced in the adrenal glands. Vitamin B5 is also important in maintaining a healthy digestive tract (stimulates peristalsis) and it helps the body use other vitamins (particularly B2 [riboflavin]) more effectively. It is sometimes referred to as the "anti-stress vitamin" as it enhances the activity of the immune system and improves the body's ability to withstand stressful conditions and situations.

Potassium Citrate – An extremely valuable electrolyte essential to adrenal, heart and kidney function as well as to the maintenance of blood and urine pH. It is the chief electrolyte in cellular fluids.

Rhodiola Rosea – A powerful botanical in traditional medical systems in Eastern Europe and Asia with a reputation for stimulating the nervous system, decreasing depression, enhancing work performance, eliminating fatigue and preventing high altitude sickness. Rhodiola rosea has been categorized as an unrivalled adaptogen by Russian researchers due to its observed ability to increase resistance to a variety of chemical, biological and physical stressors. Its claimed benefits include antidepressant, anticancer, cardio-protective and central nervous system enhancement. It naturally boosts the synthesis of ATP while reducing the stress hormone, cortisol.

Pyridoxine (B6) – Acts as a coenzyme in the breakdown and utilization of carbohydrates, fats and proteins thus maintaining blood sugar levels. B6 also aids in the conversion of tyrosine to adrenaline and thyroid hormone. B6 reduces anxiety and depression via its influence on neurotransmitters (GABA, Serotonin).

Other Ingredients:

Rice flour, Vegetable Stearate (coconut derived).

Possible Contraindications: Patients taking MAO's, tricyclic anti-depressants, serotonin re-uptake inhibitors (i.e. Prozac), etc. may experience a rise in blood pressure.

References:

Balch, Phyllis A. CNC. 2000. *Prescription for Nutritional Healing: Third Edition*. New York, New York: Penguin Putnam Inc.
Laniger, Stephen E. MD and James F. Scheer. 2006. *Solved: The Riddle Of Illness*. New York, New York: McGraw Hill.
Wilson, James. L. 2001. *Adrenal Fatigue: The 21st Century Stress Syndrome*. Petaluma, California: Smart Publications.